

# PEABODYS COFFEE ALLERGEN MATRIX

## Updated OCT 2021

We use lots of ingredients in our Peabodys kitchens, so potential cross contamination means that we cannot guarantee any of our food to be allergen free. Where possible, we have provided additional information on potential cross contaminants from our suppliers where products are not made in house. Of course you can always drop us a call at HQ to find out more: **01525 403703**

Pastries, Muffins & Cakes	Description / Notes	PEABODYS COFFEE · LOVE · FOOD													
		Cereals containing Gluten	Celery	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Cannot guarantee any of the following products to be free from Gluten, Sesame Seeds, Sulphites Nuts, Soya, Milk and Eggs.</b>															
All butter croissant		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Pain au chocolat		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Almond croissant		N	Y	N	N	Y	N	N	Y	N	N	N	N	N	N
Pain aux raisins		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Apple danish		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Apricot danish		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Custard doughnut		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Jam doughnut		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Lemon drizzle loaf cake		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Carrot loaf cake		N	Y	N	Y	N	N	Y	N	N	Y	N	N	N	N
Chocolate marble loaf cake		N	Y	N	Y	N	N	Y	N	N	Y	N	N	N	N
Battenburg loaf cake		N	Y	N	Y	N	N	Y	N	N	Y	N	N	N	N
Banana loaf cake		N	Y	N	Y	N	N	Y	N	N	Y	N	N	N	N
Blueberry tulip muffin		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Chocolate tulip muffin		N	Y	N	Y	N	N	Y	N	N	N	N	N	Y	N
Orange & coconut tulip muffin		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Chocolate chip tulip muffin		N	Y	N	Y	N	N	Y	N	N	N	N	N	Y	N
Strawberry tulip muffin		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Sausage roll		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Peabodys cream tea - scone, strawberry jam, clotted cream	Items are sold in one box, with a loose scone that contains allergens: milk, egg, gluten. Cross contamination may occur on packaging.	N	Y	N	Y	N	N	Y	N	N	N	N	N	Y	N
CIABATTA, WRAPS, FILLED CROISSANTS, PANINI, MUFFINS & TOASTIES	Description / Notes	PEABODYS COFFEE · LOVE · FOOD													
CIABATTAS		Cereals containing Gluten	Celery	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Chorizo, peppers, spinach & mozzarella	Ciabatta, chorizo, mozzarella, yellow tomato, spinach	N	Y	N	N	N	N	Y	N	N	N	N	N	N	Y
Green Pesto & Mozzarella	Ciabatta, chicken, green pesto, mozzarella	N	Y	N	N	N	N	Y	N	N	Y	N	N	N	N
Mozzarella, Tomato, Basil	Ciabatta, mozzarella, tomato, basil	N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
BBQ Chicken & Mozzarella	Ciabatta, chicken, bbq sauce, mozzarella	N	Y	N	N	N	N	Y	N	N	Y	N	N	N	N
WRAPS															
Chicken Caesar	Wrap with chicken breast, caesar dressing and salad	N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Houmous, Carrot & Spinach (VE)	Wrap with houmous, grated carrot & spinach	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N
Smoked Salmon, Cream Cheese & Rocket	Wrap with smoked salmon, cream cheese & rocket	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N
FILLED CROISSANTS															
Ham And Cheese Croissant	Croissant filled with ham & cheese	N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Cheese Croissants	Croissant filled with cheese	N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Panini															
Ham & Cheese	Panini, ham, cheddar	N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Bacon & Brie	Panini, bacon, brie	N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Tuna Melt	Panini, tuna, cheddar	N	Y	N	Y	Y	N	Y	N	N	N	N	N	N	N
Toasties															
Cheddar & Tomato	White bread, cheddar, tomato	N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Cheddar, Ham & Mustard	White bread, cheddar, ham, mustard	N	Y	N	N	N	N	Y	N	Y	N	N	N	N	Y
Mexican Tuna Focaccia	Focaccia bread, tuna mayo, olives, jalapenos, peppers	N	Y	N	Y	Y	N	N	N	N	N	N	N	N	N
Breakfast Muffins															
Egg & Bacon	Egg mayo, bacon, english muffin	N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Egg Florentine	Egg mayo, cheddar, spinach, english muffin	N	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
SANDWICHES, BAGUETTES & BAGELS	Description	PEABODYS COFFEE · LOVE · FOOD													
SANDWICHES		Cereals containing Gluten	Celery	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Egg Mayonnaise & Cress		N	Y	N	Y	N	N	N	N	Y	N	N	N	N	N
Pastrami New York		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Cheese & Tomato		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N



FRUIT & VEG POTS	Description	PEABODYS COFFEE · LOVE · FOOD													
		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Piece of Fruit	Banana or Apple	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fruit Salad Pot (small and large)	Diced seasonal fruit selection	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Houmous Pot with celery & carrot sticks	Portion of houmous with sticks of celery and carrot	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N

YOGHURT POTS	Description	PEABODYS COFFEE · LOVE · FOOD													
		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Yoghurt Pot Protein Chia		N	Y	N	N	N	N	Y	N	N	Y	Y	Y	N	N
Yoghurt Pot Bircher Muesli		N	Y	N	N	N	N	Y	N	N	Y	Y	Y	N	N
Yoghurt Pot Honey, Oat, Banana		N	Y	N	N	N	N	Y	N	N	Y	Y	Y	N	N

FRESH ARTISAN PASTA & SAUCES	Description	PEABODYS COFFEE · LOVE · FOOD													
		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Fresh Pasta</b>															
<i>None of the following pasta or sauce products are suitable for Gluten, Crustaceans, Egg, Fish, Soya, Milk, Nuts, Celery, Mollusc allergy sufferers due to manufacturing methods.</i>															
Please contact Peabodys for more detailed information of potential cross contamination if you have any allergies.															
Penne egg pasta		N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Tagliatelle egg pasta		N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Ravioli - Spinach & Ricotta egg pasta		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Trofie wheat pasta		N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Tortelloni black truffle egg pasta		N	Y	N	N	N	N	Y	N	N	N	N	N	N	N
Tortelloni peas & mint		N	Y	N	N	N	N	N	N	N	N	N	N	N	N
Tortelloni wild boar		Y	Y	N	Y	N	N	Y	N	N	N	N	N	N	N
Tortelloni crab mascarpone		N	Y	Y	Y	N	N	Y	N	N	N	N	N	N	N
Gnocchi plain potato		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	Y
Gnocchi beetroot		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	Y
Gnocchi spinach		N	Y	N	Y	N	N	Y	N	N	N	N	N	N	Y
<i>None of the following pasta or sauce products are suitable for Gluten, Crustaceans, Egg, Fish, Soya, Milk, Nuts, Celery, Mollusc allergy sufferers due to manufacturing methods.</i>															
<b>Pasta Sauces &amp; Extras</b>															
Tomato sauce		Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Arrabbiata sauce		Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Mushroom sauce		N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Green pesto		N	N	N	N	N	N	Y	N	N	Y	N	N	N	N
Bolognese sauce		Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Salmon sauce		N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Parmesan		N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Extra virgin olive oil		N	N	N	N	N	N	N	N	N	N	N	N	N	N

SNACKS, CRISPS, FLAPJACKS & CHOCOLATE	Description / Notes	PEABODYS COFFEE · LOVE · FOOD													
		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Snacks, Crisps, Flapjacks &amp; Chocolate</b>															
Kind Dark Chocolate Nuts & Sea Salt		N	N	N	N	N	N	N	N	N	Y	Y	N	Y	N
Kind Peanut Butter Dark Chocolate		N	N	N	N	N	N	N	N	N	Y	Y	N	Y	N
<i>All Kind® Bar Products Are Made In A Facility That Processes Tree Nuts, Peanuts, Soy And Sesame. May Also Contain Egg, Milk, Sesame And Other Nuts.</i>															
Divine Dark Chocolate	Suitable For Vegans, Vegetarian, Halal, Kosher	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Divine Orange Milk Chocolate	May Contain: Cereals Containing Gluten & Nuts	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Divine Dark Caramel	May Contain: Cereals Containing Gluten & Nuts Suitable For Kosher, Vegetarian, Halal	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Poker Wafer Chocolate															
Poker Wafer Hazelnut															
Poker Wafer Vanilla															
Traybake All Butter Flapjack	May Contain: Traces Of Gluten In Oats	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traybake Biscuit Tiffin		N	Y	N	N	N	N	Y	N	N	N	N	N	Y	Y
Traybake Caramel Cranberry & Flapjack	May Contain: Traces Of Gluten In Oats	N	N	N	N	N	N	Y	N	N	Y	N	N	N	N
Traybake Caramel Shortcake		N	Y	N	N	N	N	Y	N	N	N	N	N	Y	N



